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The Rotary Club of Edmonton



10K Race and 1mile Fun Run 10.00am on 20th September 2009

A 10k run alongside the River Lea with a
Grandstand Start and Finish

**Presided by the Mayor of Enfield at
Lea Valley Athletics Centre
Picketts Lock
London N9 0AR**

For entry and sponsorship forms go to:

www.edmontonrotary10k.org.uk

**Entry forms are also available at
Lea Valley Athletics Centre**



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**Edmonton
Running
Club**

All proceeds from the Run will support our chosen Charities including:
Noah's Ark Hospice www.noahsarkhospice.org.uk
The Nightingale Community Hospice Trust www.nightingalehospice.org.uk
The Harvey Parry Appeal Fund www.harveyparry-appealfund.com